



Write three behaviors that "push your buttons."

	1.	2.	3.
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Write the emotion word that describes the way each of these behaviors makes you feel.

1.	2.	3.

What is the impact of your feelings? How do you respond to each of these behaviors? Write down how you act/react towards a child when he or she displays each behavior.

1.	2.	3.

How do these behaviors and your response impact the relationship you have with the child?



How do the child's behaviors and your response impact the relationship you have with the family?

1.	2.	3.



ChallengingBehavior.org

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