2019

# Are we hiring the right people?

Building Skills, Transforming National Wraparound implementation Academy

# **Participant Manual**

Baltimore Marriott Waterfront Hotel Baltimore, MD



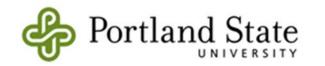
The National Wraparound Implementation Center (NWIC) supports states, communities, and organizations to implement Wraparound effectively. NWIC uses innovative approaches grounded in implementation science and incorporates cutting-edge strategies to support Wraparound implementation. NWIC provides support that

is intensive yet affordable. The work is focused on building sustainable local capacity to provide model-adherent, high fidelity Wraparound, thereby increasing positive outcomes for children, youth, and their families.

NWIC is a partnership among the three leading universities involved with Wraparound implementation: The University of Washington School of Medicine; Portland State University School of Social Work; and the University of Maryland School of Social Work. These three universities collaborate to ensure sites have access to comprehensive support for implementing model-adherent, high quality Wraparound for children and youth with behavioral health needs and their families.

National Wraparound Implementation Center (NWIC) <u>www.nwic.org</u> Email: <u>nwic@ssw.umaryland.edu</u>







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NOTES



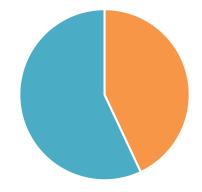
Comparing Traditional Case Manag	gement Models to Wraparound Care Coordination	
Traditional Case Management	Wraparound Care Coordination	
Focus on youth behaviors and strategies to fix them	Ecological focus inclusive of the whole family with focus on why behaviors occur	
High staff ratios (1:25-50; sometimes higher)	Low staff ratios (1:8-10)	
Based on some consistent practices	Requires full fidelity to a practice model that follows explicit steps and processes. In the process of being deemed evidenced-based (currently a research-informed approach).	
Minimal requirement for contact	Child and Family team meetings required every 30/45 days; at least 1-2 additional face-to-face meetings with the youth and their caregivers/parents, minimum weekly telephonic contact	
Used to serve all levels of care/intensity	Intensive process used primarily with individuals with intensive behavioral health needs	
Often requires some broad based training	Requires intensive training, coaching and certification approach	
May not have an evaluation component to ensure standardized best practice	Requires an evaluation to ensure hi fidelity practice and skilled staff who meet standards	
Makes decisions alone or in consultation with colleagues	Child and family team decision making inclusive of family voice and choice	
Creates a plan for the family that has family tasks	Facilitates a process that builds a team of formal and natural supports and assigns team tasks	
Works alone, consulting colleagues as needed	Part of a team	
Creates plans with minimal family input	Learns and understands the family story and incorporates the family into all decision making	
Focus on negative behaviors	Focus of strengths, positives, resiliency and understanding the reason behind the behavior	
Assessment-driven engagement process	Multi-meeting engagement process to understand the full family story spanning to before the identified youth's birth through to the present reason for referral. Understanding of the entire family story not just the child and the coping mechanisms of the family unit.	
Meetings with providers about the family without family	Not holding a meeting about the family without the family	
Creates a plan that includes referrals to available services to address behavior	Creates a plan of care that is driven by underlying needs (behind the behavior) and incorporates outcomes, strengths, strategies which include formal services, community activities and natural supports that are determined by the team and tasks for which the entire team is responsible. The goal is still to decrease challenging behaviors, but through a very intensive, individualized evidence informed process.	
Utilization of available services	Responsibility to identify and build new services to enhance the service array	
Standardized crisis plan if there is one at all)	Individualized crisis and safety plan that moves from least intensive to most restrictive strategies to prevent and stop a crisis. Inclusion of the team and all areas of a child's life in the crisis plan (home, school, etc).	
Traditional "cookie cutter" services – over reliance on system responses	Use of both traditional/professional and informal supports (community and natural); normalizing approach	
Focus on following the service plan and participating in services	Focus on transition and assistant the family in achieving self-efficacy	
Not responsible for outcomes	Team tracks & is accountable for outcomes; families don't fail, plans fail & need to be changed	
Minimal availability for after-hours crisis response	24/7 crisis response available where the family has someone to call to walk through the crisis plan if necessary in the hope of maintaining the child in the community (this may not include formal mobile crisis response)	

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# Data from one study found that 43% of Wraparound staff turned over in less than one year.

Staff Turnover in One Year



Less than One Year in Facilitation/Coordination Role
More than One Year in Facilitation/Coordination Role

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1. Wraparound Care Coordinator Traits: These are basic characteristics known to be				
associated with staff who are in providing care coordination using a				
approach.				
2: This section provides suggested interview settings, samples				
of questions, and an example interview scoring sheet.				
3. Wraparound Care Coordination Job Skills: Examples are provided to help agencies begin				
to design specific job descriptions.				



# **Care Coordinator Traits**

P M O C Q A C I K I V C H F E R Т U B Κ Ν Ο Ι Т Α С Ι ΝυΜΜΟ С Т R Т RΗ Ζ J XRMT AKB GJC CXI Ε С Т S В W Χ E ΗUΙ XMASRB Х ΕJ Α ΟΑ GR Η IJ Т L Τ LΒ Т F S ТО Ε ΤJ ΙV Τ Х Τ Ο G BAAMD СМ VG Ε Ι DC Ε S O G F Ο W н с т Ρ Α W Т Η LAV V Ι Ι Κ U D L Ν Ρ W Т Ι Ν Ε GKVY Ρ S С IJ E C LЈ 0 Τ Ο LAOKRSUC С ΑV Ζ Α U М F Е Х Τ L Т V N AVAJ U S Τ Т Ρ J Т Ρ G Ε Α Ρ 0 L X H Ζ GΗ ΜN Ε Ρ Ε R Υ Α Ν U L В Α Т Ε ΚQ Ζ LС Ε Ρ S M Ε MG 0 ΑO Т L Ζ 0 F Ν Ι S S Μ E S Τ ΜD Ε Ρ Ρ U F G Ε Ι Q Ι ΜN МΟ Μ ΗG JU G F Ζ ΜE R Х Ρ ΝΟ Т IJ V Ζ Ζ R S G Μ Т В J D D D Ο U С Α 0 V VΗ Х U U V Ε U R Κ 0 Ρ М Ε С WV G F ΚJ Т W Ο Χ Μ S В 0 Q S Т Ι Ν J Ε Ν R Y R Ζ Η  $\bigcirc$ E Η Ε Т Τ Ε NMU В Т U 0 D 0 0 Т Е AMP L Α Υ Е R 0 0 C Е Ζ Η W L J ŢŢ Х ZORLT ZHD ΕΝΝ Т Ρ RKRWVK

> COMMUNICATION COMPUTER CREATIVE CRISISMANAGEMENT CURIOUS EMPATHETIC FLEXIBLE

NONJUDGMENTAL

ORGANIZATION RELATIONAL RELIABLE TEAMPLAYER TIMEMANAGEMENT NOTES



#### Communication Skills

If you want to assess whether a care coordinator can stand up in front of people? What could you do?

# Organization and Time management

An applicant with a reputation for	/
, or	would probably not be a
good fit as a Wraparound Care Coordir	nator.

# Empathetic- Accepting and Non-Judgmental

Skills Associated with Empathy	e Explanation	
Attending, Acknowledging	Providing verbal or non-verbal awareness of the other it, eye contact.	
/	Responding to person's basic verbal message	
Reflecting	Reflecting, or content that has been heard or perceived through cues. (Reinforcing and supporting the speaker, clarifying meaning)	
Interpreting	Offering a tentative interpretation about the other's, or meanings.	
Summarizing, Synthesizing	Bringing together in some way feelings and experiences; providing a focus.	
	Questioning in a supportive way the requests more information or that attempts to clear up confusions.	
Giving Feedback	Sharing of the other's ideas or feelings; Disclosing relevant personal information.	
	Showingand caring in one's own individual way.	
Checking	Finding out if interpretations and perceptions are valid and accurate.	
Being Quiet	Giving the other time to think as well as talk.	

Activity Notes



What do you think about this picture? What do you notice?

#### Flexible and Creative

1.	
2.	
3.	
4.	

#### Team Player

A Care Coordinator who is determined to be the \_\_\_\_\_ for a

family is not likely to succeed long term and runs the risk of

professional \_\_\_\_\_.

Computer Skills

#### Crisis and Conflict Management

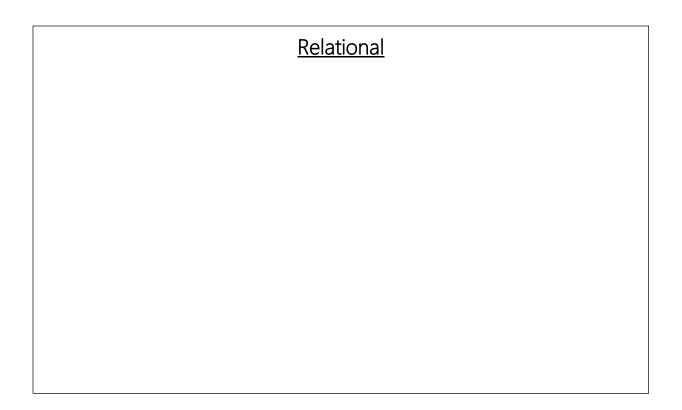
•	Address problems quickly before they reach	·	
•	Draw out the and	of he	sitant
	participants		
•	Formalize an agreement between people in conflict	[	
•	Listen	as parties share t	their
	perspective		
•	Mediate between parties around important issues		
•	Model reasonable dialogue		
•	Negotiate		
•	Teach alternative behaviors to avoid triggering conf	lict	
•	Normalize behaviors to reduce	and	so tough
	topics can be discussed		

#### <u>Reliable</u>



#### <u>Curious</u>

Fun Facts: Fun facts: • Curious people onboard in a new job faster than people who are less curious. • Curious people are more adaptable and tend to react favorable to change. • Curious people keep organizations from making mistakes that hasty decisions produce as they are apt to identify the small flaws in a plan or product. • Curious people tend to be more open-minded and willing to consider many different perspectives, which can lead to breakthrough thinking. • Curious people will make more of an effort to get to know others, leading to more effective relationships and respect. • And curious people are committed to lifelong learning, especially helpful in an age when so many changes are going on in the workplace.





# What are you willing to stick your neck out for??

